

To reduce exposure to mosquitoes and the diseases they carry such as West Nile Virus (WNV) and Eastern Encephalitis (EEE), please

Practice the 5 D's

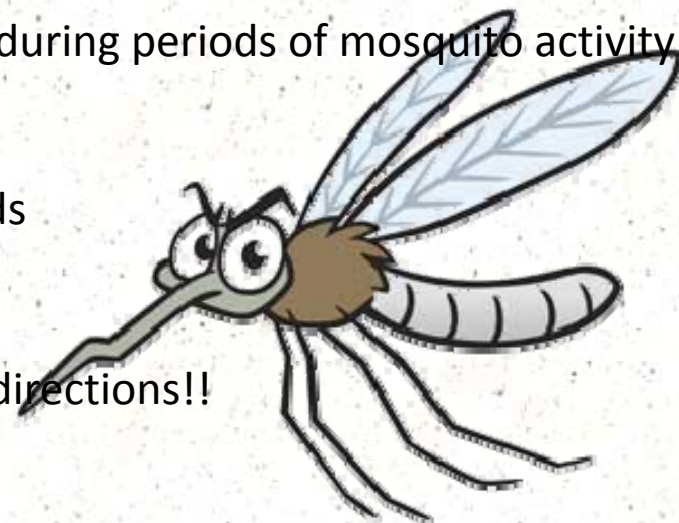
of mosquito protection

Dress in long sleeves and pants when possible. Cover up during periods of mosquito activity

Dawn & **D**usk are mosquitoes most active periods

DEET is an effective repellent. Please follow label directions!!

Drain water from containers weekly - don't grow your own mosquitoes!!



For more information please contact us at (508) 393-3055



FIGHT THE BITE

help prevent mosquitoes
www.cmmcp.org