

## The Commonwealth of Massachusetts State Reclamation & Mosquito Control Board CENTRAL MASS. MOSQUITO CONTROL PROJECT

111 Otis Street Northborough, MA 01532 www.cmmcp.org

Richard J. Day
CMMCP Commission Chair

Timothy D. Deschamps CMMCP Executive Director

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**CONTACT:** 

Timothy D. Deschamps (508) 393-3055

## Horse in Lancaster Tests Positive for Eastern Equine Encephalitis

On August 18, 2010 the Mass. Dept. of Public Health (MDPH) confirmed that a horse from the Spectacle Pond area in Lancaster tested positive for Eastern Equine Encephalitis (EEE). The Central Mass. Mosquito Control Project has coordinated with the Lancaster Board of Health and will place surveillance traps in the area the virus was found to determine population densities and species prevalence. Control options such as spraying are being considered. More information will be available on the CMMCP website at www.cmmcp.org/lancaster2010.htm.

"EEE is a serious illness, and this confirmation tells us that the virus is present in mammal-biting mosquitoes in this area. Residents must do everything possible to avoid mosquito bites" said CMMCP Executive Director, Timothy Deschamps. "Please use repellents according to label directions if you are outside between dusk and dawn or if you see any mosquito activity".

Personal protection measures have an important role to play in monitoring for EEE and protecting yourself and your loved ones.

**Avoid Mosquito Bites** – **Be Aware of Peak Mosquito Hours** – The hours from dusk to dawn are peak biting times for many mosquitoes. Consider rescheduling outdoor activities that occur during evening or early morning. Otherwise, take extra care to use repellent and protective clothing.

Clothing Can Help Reduce Mosquito Bites. Although it may be difficult to do when it's hot, wearing long-sleeves, long pants and socks when outdoors will help keep mosquitoes away from your skin.

Apply Insect Repellent When You Go Outdoors. Use a repellent with DEET (N, N-diethyl-m-toluamide), permethrin, picaridin (KBR 3023), or oil of lemon eucalyptus [p-

methane 3, 8-diol (PMD)] according to the instructions on the product label. DEET products should not be used on infants under two months of age and should be used in concentrations of 30% or less on older children. Oil of lemon eucalyptus should not be used on children under three years of age.

**Mosquito-Proof Your Home** – **Drain Standing Water** – Mosquitoes lay their eggs in standing water. Limit the number of places around your home for mosquitoes to breed by either draining or getting rid of items that hold water. Check rain gutters and drains. Empty any unused flowerpots and wading pools, and change water in birdbaths frequently.

**Install or Repair Screens** – Some mosquitoes like to come indoors. Keep them outside by having tightly-fitting screens on all of your windows and doors.

**Report Dead Birds** – Dead crows, blue jays or robins may be a sign that WNV is circulating among the birds and mosquitoes in an area. Call 1-866-MASS WNV to report a dead bird. By reporting dead birds, you can play an important role in monitoring WNV.

More information is available at: <a href="www.mass.gov/dph/wnv">www.mass.gov/dph/wnv</a>. Information about WNV and EEE is also available by calling the DPH recorded information line at 1-866-MASS-WNV (1-866-627-7968), or the DPH Epidemiology Program at 617-983-6800.

For more information please call CMMCP at (508) 393-3055 or log on to our website at <a href="https://www.cmmcp.org">www.cmmcp.org</a>.

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